



Khalia Deborah Stokes

Khalia Deborah Stokes is a certified Solution-Focused Life and Transformational Coach and Business Consultant who earned a Bachelors of Science in Business with a concentration in Accounting and Finance. She is the owner of Khalia Deborah Consulting and the Founder of Dreams to Founder Inc, a nonprofit organization. In addition to life coaching, She helps service based startups and entrepreneurs create innovative products & services, transform business operations and personnel development that will ultimately aid in business growth! Khalia has been featured in RealSimple magazine, Fox29, iHeartRadio, LA Times Festival of Books and a host of other outlets.

Throughout the last 7+ years, Khalia has been studying and focusing on helping others develop a growth mindset, establish goals that will further the purpose in their lives and create strategies that the everyday person can implement and experience change in their lives. Khalia's passion for shifting mindsets and helping others better their lives, have led her to speak with hundreds of people in individual and group settings. She also spearheads a nonprofit that provides access to these same life advancing coaching opportunities for college students and those who may not be able to afford the services on their own.

Khalia is a published author of the book entitled, *Cheers to the Fall and the Purpose of it All*, in which through sharing her story, she challenges the reader to reap the full value of professional education, find the career that is right for you, ignite your faith and live how God intends for you to live while shifting the perspective on your pain and struggles and develop a growth mindset! Khalia can be heard giving her insight and encouragement on The Fixed To Grow Podcast.

Khalia has also come alongside The University City District West Philadelphia Skills Initiative (WPSI) organization as a facilitator. Throughout the year Khalia facilitates workshops to help participants of WPSI develop on the topics of Growth Mindset, Goal Setting and Personal Branding! She believes that being able to help the people within communities grow, develop and create better lives for themselves, it will only make those communities a greater place overall!

Khalia also has a soft spot for college students and ensuring that they understand that building the life they want does not have to wait until after college. She enjoys helping college students identify their gifts and abilities and tap into the impact they want to make in this world while still in college. Khalia was the keynote speaker for Delaware Valley University's first Women's Summit in 2019 in which she helped counteract the negative comments people may often hear when they are chasing great things in life! She has also donated her time to provide one-on-one time with the students to share financial and goal setting tips to keep them focused and excelling through college. Khalia has also leads a Life Coaching Program for Colleges and Universities that provide access to professional development, life and entrepreneurial coaching and spiritual guidance for college students.

Khalia spends a lot of her time working with individuals and organizations to help develop growth minded people and teams that want to evoke positive change in the communities around them.

Khalia lives in Pennsylvania with her Husband Rich and two boys, Karter & Jaxon.